

COVID-19 Survey

The following survey is an example of a survey created through a collaboration between Viamo and the Stanford Center for Health Education. This survey was created to measure the impact that COVID-19 is having on the lives of individuals and communities globally, and can be used as an educational tool or resource for others to create similar surveys.

Introduction Questions

These questions are demographic questions, and are not related to the survey topic. Having listeners answer these questions allows us to categorize answers by different indicators such as age, gender, etc.

- 1) Hello, we are calling from [Insert Name of Organization] to understand your feelings and changes in your behaviour or habits due to the COVID-19 pandemic. Your answers will be used to understand the impact of the Coronavirus, and will help us map out our responses better. The answers you give are completely anonymous. This survey should take 10 minutes or less and your responses will be kept confidential. You will respond by pressing the corresponding button on your keypad. **Would you like to participate in the survey?**
 - a) If Yes, press 1
 - b) If No, press 2
- 2) **How old are you?**
 - a) If younger than 18, press 1
 - b) If between 18 and 30, press 2
 - c) If between 31 and 40, press 3
 - d) If between 41 and 50, press 4
 - e) If older than 51, press 5
- 3) **Are you male or female?**
 - a) If you are male, press 1
 - b) If you are female, press 2
- 4) **Where do you live?**
 - a) If in an urban area, press 1
 - b) If in a rural area, press 2
- 5) **What is your level of education?**
 - a) If you finished primary, press 1
 - b) If you finished secondary, press 2
 - c) If you finished university or higher, press 3
 - d) If you did not finish any school, press 4
- 6) **What is your occupation?**
 - a) If you are an employee, press 1
 - b) If you are self employed, press 2
 - c) If you are a student, press 3
 - d) If you are a retired, press 4
 - e) If other, press 5

7) What is the estimated monthly revenue in your household?

- a) If you make 0 - 100 USD, press 1
- b) If you make 100 - 500 USD, press 2
- c) If you make 500 - 1000 USD, press 3
- d) If you make 1000 - 2500 USD, press 4
- e) If you make more than 2500 USD, press 5
- f) If you prefer not to answer, press 6

The listener will then hear a message saying: ***“Thank you for answering the first part of the survey. Let’s continue with general questions about the disease.”***

General COVID-19 Questions**1) Have you heard about Coronavirus?**

- a) If yes, press 1
- b) If no, press 2

2) Do you know how you can protect yourself from contracting Coronavirus?

- a) If yes, press 1
- b) If No, press 2

3) What do you think are the main symptoms of Coronavirus?

- a) If difficulty breathing, dry cough, fever, and tiredness, press 1
- b) If fever only, press 2
- c) If none of the above, press 3
- d) If you do not know, press 4

4) How do you think Coronavirus can be passed to another person?

- a) If through coughing, sneezing and contaminated surfaces, press 1
- b) If through coughing only, press 2
- c) If you do not know, press 3

5) In order to prevent Coronavirus, what is the best way to wash your hands?

- a) If by washing regularly with soap and water for 20 seconds, press 1
- b) If by washing with only water for 10 seconds, press 2
- c) If you do not know, press 3

6) Do you feel you and your family are at the risk of getting Coronavirus?

- a) If you feel you and your family are at a great risk, press 1
- b) If you feel you and your family are not at risk, press 2
- c) If you can't say, press 3

7) Who will you reach out to first in case you feel you have contracted the disease?

- a) If Hospital, press 1
- b) If Community Doctor/Clinic/Health facility, press 2
- c) If Community health volunteer, press 3
- d) If National Center for Disease Control, press 4
- e) If Other, press 5

- 8) **Do you think you have enough information about Coronavirus?**
- a) If yes, press 1
 - b) If no, press 2
- 9) **What other information would you like to know the most about Coronavirus?**
- a) If causes and spread of the disease, press 1
 - b) If how to protect yourself and family from the virus, press 2
 - c) If cure or availability of vaccine for coronavirus, press 3
 - d) If who is at risk of contracting the virus, press 4
 - e) If what you should do when you contract the disease, press 5
- 10) **Which is your most trusted source of information regarding Coronavirus pandemic?**
- a) For Newspapers and magazines, press 1
 - b) For Television and/or radio, press 2
 - c) For Social Media, press 3
 - d) For Neighbours/Friends/Family, press 4
 - e) For Govt. Health Workers, press 5
 - f) For Social organizations or NGOs, press 6

Listeners will then hear a message saying: ***“Thank you for answering the general questions about Coronavirus. Let's continue with questions about your mental and psychological situation.”***

Mental Health Questions

- 11) **What has been the most worrying for you regarding Coronavirus pandemic?**
- a) If Personally getting the Coronavirus, press 1
 - b) If Family member getting sick, press 2
 - c) If the Loss of employment / household income, press 3
 - d) If Absence of children from school, press 4
 - e) If Isolation from friends and family, press 5
 - f) If Increased fighting or violence in the home, press 6
 - g) If Inability to access health care for non-Coronavirus health issues, press 7
- 12) **In the past 7 days, how often have you felt depressed when thinking about your experience with the Coronavirus pandemic?**
- a) If Not at all or less than 1 day, press 1
 - b) If 1-2 days, press 2
 - c) If 3-4 days, press 3
 - d) If 5-7 days, press 4
- 13) **In the past 7 days, how often have you felt lonely in the Coronavirus pandemic?**
- a) If Not at all or less than 1 day, press 1
 - b) If 1-2 days, press 2
 - c) If 3-4 days, press 3
 - d) If 5-7 days, press 4

14) In the past 7 days, how often have you felt hopeful about the future when reflecting on the Coronavirus pandemic?

- a) If Not at all or less than 1 day, press 1
- b) If 1-2 days, press 2
- c) If 3-4 days, press 3
- d) If 5-7 days, press 4

Listeners will then hear a message saying: ***“Thank you for answering the general questions about Coronavirus. Let’s talk about your experiences with social distancing and staying connected.”***

Social Questions

15) In the past week, did you avoid public and crowded places, or did you keep your distance from others in public?

- a) If Yes, press 1
- b) If No, press 2

16) Why did you not avoid public and crowded places or did not keep your distance from others in public?

- a) If it was due to work commitments, press 1
- b) If it was not important to you and a low risk, press 2
- c) If it was due to sports activities, press 3
- d) If it was due to childcare and taking your children outside, press 4
- e) If other, press 5

17) If you are a student or employee, in the past week, did you start working or taking classes from home?

- a) If Yes, press 1
- b) If No, press 2
- c) If Not applicable, press 3

18) In the past week, did you wear a face mask when going outside or meeting people outside of your household?

- a) If Yes, press 1
- b) If No, press 2
- c) If 'I did not go outside of my house', press 3

19) How many times per day did you wash your hands with soap or use hand sanitizer?

- a) If 0 times per day, press 1
- b) If 1-2 times per day, press 2
- c) If 3-5 times per day, press 3
- d) If more than 5 times per day, press 4

20) How many times per day did you leave your home?

- a) If 0 times per day, press 1
- b) If 1-2 times per day, press 2
- c) If more than 3 time per day, press 3

21) What approach have you used the most to stay connected to people during the Coronavirus pandemic?

- a) If you are in touch with nobody, press 1
- b) If you use social media and internet, press 2
- c) If you meet people in person, press 3
- d) If you have not changed your social habits, press 4
- e) If other, press 5

The listener will then hear a message saying: ***“Thank you for answering the general questions about Coronavirus. let’s talk about your economic and health situation due to this pandemic.”***

Economic and Health Questions

22) If you were employed, did you lose your job because of Coronavirus?

- a) If yes, press 1
- b) If no, press 2
- c) If not applicable, press 3

23) If you are self employed, did your income decrease because of Coronavirus?

- a) If yes, your income decreased, press 1
- b) If no, your income increased or stayed the same, press 2
- c) If you prefer not to answer, press 3
- d) If not applicable, press 4

24) How many days did you drink at least one alcoholic drink?

- a) If 0 to 1 day out of the week, press 1
- b) If 2 to 3 days out of the week, press 2
- c) If 4 to 5 days out of the week, press 3
- d) If 6 to 7 days out of the week, press 4
- e) If you prefer not to say, press 5

25) Over the past week, has there been a higher than usual amount of fights or verbal insults between adults or children you live with?

- a) If Yes, press 1
- b) If No, press 2
- c) If You don't know, press 3
- d) If You prefer not to say, press 4
- e) If Not applicable, press 5

The listener will then hear a message saying: ***“You have reached the end of the survey. Thanks to your contribution we can understand the impact of Coronavirus better. Thank you for answering our questions and have a good day. For more information regarding the Coronavirus please call the national hotline [Insert name/number of hotline] and/or the 3-2-1 Service.”***

The listener will also hear a thank you message saying: ***“Thank you for your time and have a good day.”***